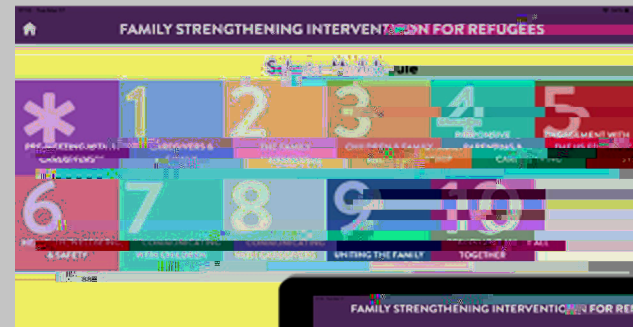


Digital Mental Health Innovations to Support Scaling Out a Family
Strengthening Intervention for Afghan Refugee Families:
An Interdisciplinary Collaboration

- ! Background
- ! Aim and goals of project
- ! Interdisciplinary approach
- ! Proposed methodology
- ! Expected outcome and deliverables
- ! Future research and directions



! Identify processes contributing to risk and resilience

! Children affected by armed violence Chechen IDPs, Ethiopia-Eritrea border, N
Uganda, Sierra Leone (R01HD073349, U19MH109989, R01MH128928-01)

! Longitudinal study of war-affected youth (3 waves of data collected 2002-2008 (*Child Development*, 2010; *JAACAP*, 2010; *Social Science & Medicine*, 2009). Randomized controlled trial published in *JAACAP* in 2014

! 5th wave of data on the Intergenerational Impact and Social/Biological mechanisms driving the impact of War in Sierra Leone beginning in Summer of 2022

! Children Affected by HIV/AIDS, ECD home visiting for extreme poverty Rwanda
(R34MH084679, World Bank/USAID/Elma/LEGO/Echidna/OAK)

! AIDS Care, Pediatrics

Sugira Muryango

! Promoting resilience and healthy parent-child relationships in refugee families
New England (NIMHD R24MD008057, R01MD010613), Application FSI Adaptation
(BC ATIG, SIGECS) and Afghan Family Strengthening Initiative (W.K. Kellogg
Foundation, USCRI)

! CBPR study of a Family Strengthening Intervention for Refugees (Somali Bantu and
Bhutanese refugees) and adaptation to Afghan families.

Application to develop and test FSI app for Somali Bantu/Bhutanese/Afghan refugees

Our Interdisciplinary Team

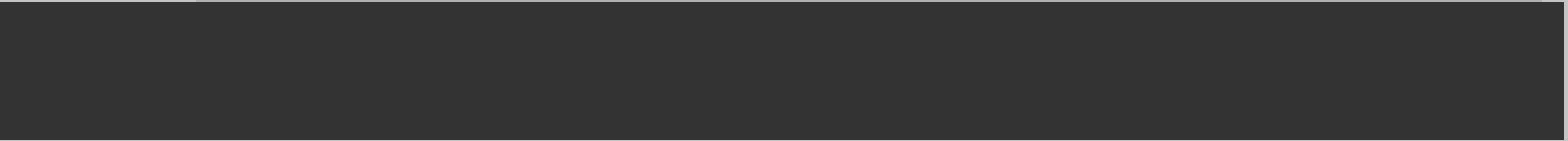


Avneet Hira,



Nam Wook, Kim,





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Original article

Family-Based Mental Health Promotion for Socially Marginalized Youth: Feasibility and Acceptability Trial

Theresa S. Betancourt, Sc.D., M.A.,^{a,*} Jenna M. Berens, M.A.,^b Jordan H. Greenberg, M.D.,^c Rochelle L. Brown, M.D.,^d Julia A. Abell, Ph.D.,^e M.S.W., M.P.H.,^f Bhuvan Ganji, M.P.A.,^a John W. Creswell, Ph.D.,^{d,e} and William R. Henggeler, M.D.^g

^aResilience Program for Children and Families, Boston College School of Social Work, Boston, MA, USA
^bDivision of Social and Transcultural Psychiatry, Department of Psychiatry, McGill University, Montreal, Canada
^cBoston Children's Hospital, Boston, MA, USA
^dDepartment of Psychiatry, University of Michigan Medical School, St. Ann Arbor, Michigan
^eDepartment of Psychology, Harvard University, Boston, MA, USA
^fDepartment of Psychology, Boston College, Boston, MA, USA
^gDepartment of Psychology, University of Texas at Austin, Austin, TX, USA

Article history: Received May 10, 2019; Accepted August 20, 2019

Keywords: refugee; adolescents; mental health

ABSTRACT

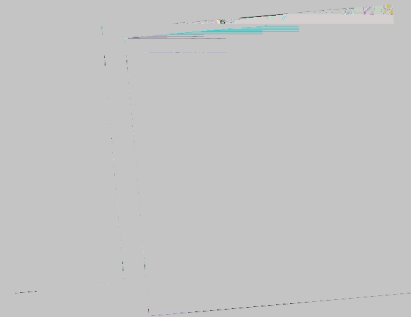
Purpose: To evaluate the feasibility and acceptability of a family-based mental health promotion program for socially marginalized youth. **Strengths and Limitations:** The program was evaluated in a community-based setting with a diverse population. **Approach:** The program was evaluated using a mixed-methods approach. **Results:** The program was found to be feasible and acceptable. **Conclusions:** The program was found to be feasible and acceptable.

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Journal of Adolescent Health
 PUBLICATION OF THE SOCIETY OF ADOLESCENT HEALTH AND MEDICINE
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FSI-R Module Characteristics

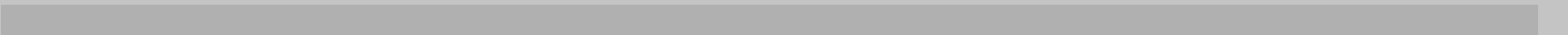
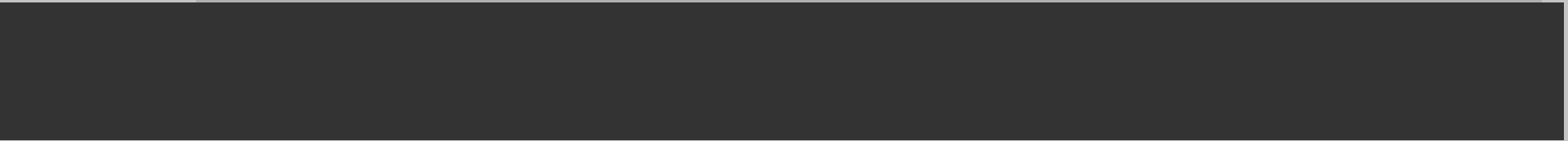
- Brief, strengths-based approach
- Recognize and build on existing family strengths to enhance resilience
 - Protective resources = “active ingredients” for preventing mental health problems
- Manualized protocol
 - Includes detailed set of materials



Project Phases

Adapt FSI-R Content for Afghan Families

- ! Apply Community-



Thank you!

