

Freshman Year CSON Student Advising Guide

Be Prepared to Discuss with Your Advisor:

My adjustment to college and academic progress What are my strategies for maintaining healthy nutrition, reducing stress, and getting adequate sleep? What should I do if I feel overwhelmed with coursework or if I feel homesick or depressed or unhappy in my living situation? How do I manage my time so that I can balance the academic, social, and volunteer aspects of my life? What if I am in danger

Sophomore Year CSON Student Advising Guide

Be Prepared to Discuss with Your Advisor:

Sophomore year is a very important year academically. As such, sophomores must come prepared to their advising meetings. As a sophomore, you should be sure to discuss the following:

My Future What are my interests, and where do I see myself going in the next three years and beyond?

Senior Year CSON Student Advising Guide

Be Prepared to Discuss with Your Advisor:

At your advising meeting, seniors should be **sure** to discuss the following:

- o Ensuring that you will fulfill all core and major requirements on time;
- o Career opportunities and graduate school options in nursing or related fields

The Core Do I have any requirements left to fulfill? If so, how will I finish them in time for graduation?

My Electives Can I take courses that interest me pass/fail? Are there any university capstone courses that may work with my schedule? Am I considering an independent study project? See the guidelines on the CSON undergraduate student resources webpage at <http://www.bc.edu/schools/son/current/undergraduateresources.html> Should I take graduate level courses even if I am not participating in the BS/MS program? How many credits/courses do I have left to meet the graduation requirements? (this information is on the bottom of your degree audit)

My Future What are my interests, and where do I see myself going in the next year and beyond? Do I have a working copy of my resume? How do I go about asking faculty members for job or graduate school recommendation letters? When should I start to apply for jobs? Update the professional portfolio you started sophomore year.

My preparation for the NCLEX Will I take the BC review course in January and/or June? Another course? What is the best way to prepare, given my learning style and academic record? Students are expected to attend the meetings about NCLEX and licensure applications held by the Undergraduate Program Office.

Notes about Core Requirements for CSON Students

General Information Core courses are labeled "Core" in the course listings and as "L" on the UIS course registration screen. A listing of core courses in each area may be found on the Core webpage at http://www.bc.edu/sites/core/core_requirements/2015-2016-core-courses.html (although not all courses are offered each semester). **Do not assume or accept an unconfirmed rumor that a course is a core-check!** If the course is not listed on your degree audit under the related core requirement, then it is not a core course; check this on your degree audit after you register each semester.

Specific requirements for CSON:

Writing: One core course. These courses are restricted to freshmen. Some CSON freshmen are unable to fit writing in because they take PULSE, Perspectives or other courses. If you are unable to register online for writing as a sophomore (or later), go to the English department office after you have registered for your other courses.

Literature: One core course. Most are listed under English (ENGL), but there are

statistics course (for instance a one-semester statistics course in psychology, sociology, economics, business, or biostatistics). In some cases (for instance transfer students who have been awarded math core credit for a calculus course), a statistics course outside a mathematics department can substitute for MATH1180 with the approval of the CSON undergraduate associate dean.

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Natural scienceCSON students fulfill the natural science requirement with their freshman science courses.