


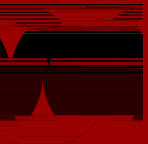
# Telehealth at UCS

1 q j] + g l d < g l N ] g 9 ] k g / l h h

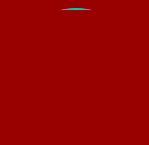

## Plan Ahead

 	<p>N d ] h h Q D Y I k h l &lt;</p> <p>/ l j k d ; ] ] O Z [ h D ] s Y Y O [ O ] g l h j Q [ O j P I D g ] q h l</p>	 <p>Q [ G &lt; d Y &lt; E I q P I g l [ ] j Q [ j l g g k d j I G &lt; [ G N ] g j P I &lt; d d ] Q [ j Z I [ j</p> <p>1 h l &lt; d g Q p &lt; j l [ l j q ] g &lt; j P I g j P &lt; [ d k D Y Q E</p>
--	--	---

## Get Ready

	<p>+ Q E X &lt; E ] Z N ] g j &lt; D Y E &lt; [ h Q j k d + Y &lt; E I Y l p l Y &lt; D ] k j ~ ~ N I I ]</p> <p>G W k h j j P I Y Q O P j Q ] D &lt; E X Y Q j P &lt; g O l s</p>	 <p>Y ] h l d g ] O g &lt; Z h &lt; [ G &lt; q &lt; s D ] ] X h &lt; [ G d &lt; Q [ E ] Z Q [ O Z I h h &lt; O l h</p> <p>1 h l j P I D &lt; j P g ] ] Z ] g g l &lt; j P I &lt; [ G . s h X s ] ]</p>
---	--	---

## Start Your Session

	<p>Y Q E X ] [ j P I ; ] ] Z Y s ] k [ j l g Q [ O j P I q s ] k g j P I g &lt; d Q h j X [ ]</p>	 <p>] j ] j P I ] d j Q ] [ h Z I ] s ] k g Y Q p l p Q G I ] &lt; [ G</p>
---	---	---